



Relationships Education, Relationships and Sex Education and Health Education Policy

Star of the Sea Catholic Primary School

Updated: September, 2024.

To be reviewed: September, 2025.

School Mission Statement

Star of the Sea is dedicated to the education, growth and development of the whole child based on the partnership of pupils, staff, parents, governors and parishes. The school affirms Gospel values through Christian Catholic teaching, prayer, liturgy and worship.

Our Mission Statement commits us to the education of the whole child (spiritual, physical, intellectual, moral, social, cultural, emotional) and we believe that Relationships Education, Relationships and Sex Education and Health Education is an integral part of this education. Furthermore our school aims state that we will endeavour to raise pupils' self-esteem, help them to grow in knowledge and understanding, recognise the value of all persons and develop caring and sensitive attitudes.

At Star of the Sea school, we have agreed Drivers for our curriculum, which impact all our subjects:

Spiritual - *living out the Gospel Values*

Together - *as a Rights Respecting school*

Ambitious and Aspirational - *to reach our full potential*

Resilient - *we never give up*

Self-belief - *striving to succeed with a Growth Mindset*

Intent

'Show me your ways, Lord, teach me your paths' (Psalm 25:4)

As a Catholic school, our mission is to support the spiritual, moral, social and cultural development of all of our pupils, rooted in the wisdom and teaching of the Church and to ensure this is full-filled we have decided to the scheme adopt 'Life to the Full' by 'Ten Ten'

to deliver RSHE in our school. Ten Ten is an award-winning Catholic educational organisation that is well-respected and very experienced in this field of work. All of the sessions are age-appropriate and meet the needs of all pupils in the class.

We intend to achieve the following:

- To develop pupils' understanding of valuing themselves as the basis for personal relationships.
- To develop pupils' understanding of caring for, loving others and the importance of staying safe.
- To develop pupils' understanding of their relationship with the community and wider world including the impact they can make through service
- To develop pupils' understanding of British Values including the rule of law, democracy, tolerance and respect.

Implementation

How is our PSHE curriculum being delivered?

Using online resources from our catholic based Ten: Ten Teaching programme, our PSHE curriculum is delivered through an engaging programme of videos, discussion, reflections, prayer and music.

Module Titles

- Created and loved by God
- Created to love others
- Created to live in a community
- Our school catholic values are drawn from scripture and are shared through our daily worship programme (also addressing British Values)

Delivery: Ten-Ten Catholic Teaching Programme

- Weekly Key Stage Assemblies
- Class Worship (Values focus)
- Cafod Speakers (global issues)
- Whole School theme weeks (Wellbeing and Mental Health)
- School projects and initiatives e.g., Kindness initiatives, healthy eating week etc.

-Pupil Leadership

Our PSHE curriculum is woven through our RE Curriculum, RSHE Curriculum and alongside other subjects so that learning and experiences are fully developed for the child during their time in Primary School. We use key event and awareness days/weeks to initiate the learning alongside discreet lessons.

Substantive Knowledge in PSHE & RSHE is threaded throughout each strand – the substantive knowledge for each strand is progressive and is designed to be delivered in a sequence that allows for connection making across the topics. The knowledge becomes more complex and age-specific as the children progress through their year group and through school. This will include subject specific and progressive vocabulary, which encourages the children to articulate their learning and understanding. This includes, but is not limited to the ability to; form friendships and relationships; manage emotions within relationships; recognise the value of difference; learn to forgive and be forgiven; develop self-esteem and confidence and build resilience; be aware of online safety; know how to be mentally and physically healthy.

Disciplinary knowledge in PSHE is the social and emotional skills acquired, and the interpretation of themselves and how to support themselves and others through changes. This will include articulating feelings and emotions, listening and communicating, awareness of others and their beliefs and values, making choices and understanding consequences.

Assessment

In both PSHE and RSHE a wide range of opportunities will be offered to the children to support them to be able to clearly show their knowledge and understanding. This can be done through quizzes, role plays, videos, written tasks, posters, mind maps and other age appropriate activities. Pupils are assessed via our whole school assessment system- Aspire. pre and post-assessment from Ten:Ten are also used to inform our teacher judgement.

Impact

What difference is our PSHE curriculum making and how do we know?

-Evidence of children's high levels of self-esteem impacting positively on their friendships and relationships at school.

-Children's growing understanding of how to care for themselves and keep themselves safe

-Children's ability and motivation for actively engaging in projects that have a positive impact in the community and globally.

-Class based teacher assessment of PSHE

- Pupil's knowledge and skills (assessment)

-Self-awareness and confidence of pupils evident at school and from reports from home

-Pupil voice- formal / anecdotal.